



# CODE OF CONDUCT

## *For Gymnasts*



We at Erdington Gym Club are committed to ensuring and promoting the well-being of all our members. We believe that all our gymnasts, coaches and parents should show understanding of the health and safety of others at all times.

As a member of Erdington Gym Club, you are expected to abide by the following rules:

- All gymnasts must participate within the rules of the club and respect coaches, judges and their decisions.
- Gymnasts should arrive on time for training and other club events including competitions. If you are to be late you must inform the Head Coach before-hand.
- Gymnasts must be suitably dressed for taking part in gymnastics. Leotards of any colour should be worn to all training sessions. Club leotards will be required for competitions and club events.
- Any body jewellery should be removed.
- Gymnasts should treat other participants in a way that they would like to be treated.
- All others should be treated equally. Remember, that everyone is different!
- Bad language will not be tolerated.
- Gymnasts should show good sportsmanship at all times and applaud all performances.
- Mobile phones etc. are brought onto the site at your own risk. They should be turned off or silenced during practice.
- Please inform your coach before you start training if you are injured or feel unwell.
- Ask your Parent or Guardian to inform the Head Coach if you are to be absent. Remember, if you miss 3 sessions you will lose your place
- All equipment and leisure centre facilities should be treated with care and respect.
- Gymnasts are NOT allowed on any equipment or mats without a coach being present.
- Gymnasts must not leave the gym at any time without first asking permission of the coach.
- Your Parent or Guardian must collect you from the Gym. You will not be allowed to leave on your own.
- Please keep the gym tidy, you must not leave any litter behind when you leave.
- Gymnasts must not chew gum at any time within the gym

- Gymnasts should abide by E.G.C's anti-bullying policy
- Gymnasts should report any bullying or anything they are concerned about to their coach or the Welfare officer
- Please always work hard and try your best, whatever your level!